

# Poweshiek County Strategic Plan

## **Planning Process-Needs Assessment**

The planning process is vital to ensure appropriate, cost-effective services and supports are available to individuals with disabilities. The planning process encompasses our guiding principles. A wide variety of consumer, families, providers, and community members are to be involved in the committee process. The committee process is essential to ensure the needs of the community are met and the resources of the county are best utilized. The planning process is an ongoing process.

The supervisors appointed an MH/DD Advisory Council in February 1999. The Council is responsible for making recommendations for the context of the plan to the Board of Supervisors, and ensuring implementation of the plan. The plan must be submitted to the Department of Human Services by April 1 of each year. The council will meet at least quarterly. Council recommendations are presented to the Board of Supervisors, who has the final authority.

Other committees may be appointed by the Council to meet the goals and objectives identified in the plan. These committees will meet as often as deemed necessary.

The Poweshiek County Board of Supervisors approves the Three-year Strategic Plan for submission to the Department of Human Services by April 1, 2006 and by April 1 of every third year thereafter.

## **Plan Development**

The Strategic Planning Committee met to develop a new plan. Consumers, family members, Supervisors, case managers, providers, and interested citizens participated in this meeting. Present at the meeting were Advisory Board Members: Jeremy Poe, Howard Lord, and John Saxton; Board of Supervisors Tom Law and Doug Shutts; CIRSI Director, Jeff Vance; Poweshiek County Mental Health Center Director, Bill Barker; Poweshiek County Case Management Staff, Sue Longhurst, Patty Thoma, and Gina Hall; also present were the CPC Administrator, Dawn Roth and the Assistant Administrator, Brenda Sutfin.

The Poweshiek County Board of Supervisors appointed the MH/DD Advisory Council in February 1999. They have met regularly to review goals and objectives.

A public hearing on the 2006 plan was held Monday, March 27, 2006 at 9:00 A.M. in the Board of Supervisors Room at the Poweshiek County Courthouse.

## FY 2006-2008 GOALS

**GOAL 1: Vocational opportunities will be expanded in Poweshiek County by June 2008.**

### **OBJECTIVE 1:**

To work in coordination with Goodwill Services offering a variety of employment opportunities to meet individual needs.

### **ACTION STEPS**

- a. Hold monthly or bimonthly meeting with DVRS, case management staff, and Goodwill staff to review progress/satisfaction.
- b. Make recommendations to the Advisory Council.
- c. Make recommendations to the Board of Supervisors.

**GOAL 2: Increase 24hr.supervised residential services within Poweshiek County.**

**OBJECTIVE:** To work in coordination with CIRSI to open an HCBS waiver home for 4 consumers.

### **ACTION STEPS:**

- a. Hold regular meetings with CIRSI and case management staff to determine the consumers needs in housing.
- b. Make recommendations to the Advisory Council.
- c. Make recommendations to the Board of Supervisors.

**GOAL 3: People with disabilities will participate in community leisure/recreational activities by June 2008.**

**OBJECTIVE 1: Opportunities will be identified for people with disabilities.**

### **ACTION STEPS:**

- a. A survey will be conducted to other counties identifying leisure and recreational activities available to consumers in their communities.
- b. Case Managers and other interested service providers will explore barriers to participation and begin to develop solutions.
- c. After the results of the survey are evaluated and options are identified a brochure will be developed to identify what is available to consumers.

**GOAL 4: Too provide ongoing quality services to our consumers.**

**OBJECTIVE 1:**

An ongoing quality assurance process will be implemented.

**ACTION STEPS:**

- a. An outcome survey process will be continued in Poweshiek County.
- b. The process will track and monitor costs and satisfaction will be ongoing.
- c. Data will be maintained throughout the year.
- d. Data will be available in the annual report.

## Covered Services and Supports by Diagnosis

SERVICE	MI	CMI	MR	D D
4x03 <u>Information and Referral</u>	X	X	X	X
4x04 <u>Consultation.</u>	X	X		
4x05 <u>Public Education Services</u>	X	X		
4x06 <u>Academic Services.</u>				
4x11 <u>Direct Administrative.</u>	X	X	X	X
4x12 <u>Purchased Administrative</u>				
4x21- <u>374 Case Management- Medicaid Match.</u>		X	X	X
4x21- <u>375 Case Management -100% County Funded</u>		X	X	X
4x21- <u>399 Other.</u>				
4x22 <u>Services Management.</u>				
4x31 <u>Transportation (Non-Sheriff).</u>		X	X	X
4x32- <u>320 Homemaker/Home Health Aides.</u>				
4x32- <u>321 Chore Services</u>				
4x32- <u>322 Home Management Services</u>	X	X	X	X
4x32- <u>325 Respite.</u>			X	
4x32- <u>326 Guardian/Conservator.</u>				
4x32- <u>327 Representative Payee</u>				
4x32- <u>328 Home/Vehicle Modification</u>			X	
4x32- <u>329 Supported Community Living</u>		X	X	X
4x32- <u>399 Other. CDAC, MR only</u>			X	
4x33- <u>345 Ongoing Rent Subsidy.</u>		X	X	X
4x33- <u>399 Other</u>		X	X	X
4x41- <u>305 Outpatient</u>				
4x41- <u>306 Prescription Medication.</u>	X	X	X	X
4x41- <u>307 In-Home Nursing</u>				
4x41- <u>399 Other</u>				
4x42- <u>305 Outpatient</u>	X	X	X	X
4x42- <u>309 Partial Hospitalization.</u>	X	X		
4x42- <u>399 Other.</u>				
4x43- <u>Evaluation.</u>	X	X	X	X
4x44- <u>363 Day Treatment Services</u>	X	X		
4x44- <u>396 Community Support Programs</u>	X	X		
4x44- <u>397 Psychiatric Rehabilitation</u>		X		
4x44- <u>399 Other (Clubhouse)</u>		X		
4x50- <u>360 Sheltered Workshop Services.</u>		X	X	
4x50- <u>362 Work Activity Services</u>		X	X	
4x50- <u>364 Job Placement Services.</u>		X	X	X

4x50- <u>367 Adult Day Care.</u>			X	
4x50- <u>368 Supported Employment Services</u>		X	X	X
4x50- <u>369 Enclave</u>			X	
4x50- <u>399 Other.</u>				
4x63- 314 <u>Residential Care Facility (RCF License) 1-5 Beds</u>				
4x63- 315 <u>Residential Care Facility For The Mentally Retarded (RCF/MR License) 1-5 Beds</u>			X	
4x63- 316 <u>Residential Care Facility For The Mentally Ill (RCF/PMI License) 1-5 Beds</u>		X		
4x63- 317 <u>Nursing Facility (ICF, SNF or ICF/PMI License) 1-5 Beds</u>				
4x63- 318 <u>Intermediate Care Facility For The Mentally Retarded (ICF/MR License) 1-5 Beds</u>			X	
4x63- 329 <u>Supported Community Living</u>		X	X	X
4x63- 399 <u>Other 1-5 Beds.</u>				
4x64- 310 <u>Community Supervised Apartment Living Arrangement (CSALA) 6-15 Beds</u>				
4x64- 314 <u>Residential Care Facility (RCF License) 6-15 Beds</u>		X		
4x64- 315 <u>Residential Care Facility For The Mentally Retarded (RCF/MR License) 6-15 Beds</u>			X	
4x64- 316 <u>Residential Care Facility For The Mentally Ill (RCF/PMI License) 6-15 Beds</u>				
4x64- 317 <u>Nursing Facility (ICF, SNF or ICF/PMI License) 6-15 Beds</u>				
4x64- 318 <u>Intermediate Care Facility For The Mentally Retarded (ICF/MR License) 6-15 Beds</u>			X	
4x64- 399 <u>Other 6-15 Beds..</u>				
4x65- 310 <u>Community Supervised Apartment Living Arrangement (CSALA) 16 and over Beds</u>				
4x65- 314 <u>Residential Care Facility (RCF License) 16 and over Beds</u>		X	X	X
4x65- 315 <u>Residential Care Facility For The Mentally Retarded (RCF/MR License) 16 and over Beds</u>				
4x65- 316 <u>Residential Care Facility For The Mentally Ill (RCF/PMI License) 16 and over Beds</u>		X		
4x65- 317 <u>Nursing Facility (ICF, SNF or ICF/PMI License) 16 and over Beds</u>				
4x65- 318 <u>Intermediate Care Facility For The Mentally Retarded (ICF/MR License)</u>			X	
4x65- 399 <u>Other 16 and over Beds..</u>				
4x71- <u>319 Inpatient/State Mental Health Institutes</u>	X	X		
4x71- <u>399 Other</u>				
4x72- <u>319 Inpatient/State Hospital Schools</u>			X	
4x72- <u>399 Other.</u>				
4x73- <u>319 Inpatient/Community Hospital</u>	X	X		
4x73- <u>399 Other</u>				
4x74- <u>300 Diagnostic Evaluations Related To Commitment.</u>	X	X		
4x74- <u>353 Sheriff Transportation</u>	X	X		

4x74- <u>393 Legal Representation for Commitment</u>	X	X		
4x74- <u>395 Mental Health Advocates</u>	X	X		
4x74- <u>399 Other</u>				

Wrap around funds- (customer designed support services) services or supports designed to meet specific needs of individual consumers that will allow the consumer to live more independently and decrease the need for long term intensive, restrictive, and costly services. Services and supports authorized by the CPC administrator within the budgeted allocation.

Persons will have access to services they are determined eligible for through the Iowa Foundation for Medical Care.

# Provider Network

Alexander Drug  
323 E. Main  
Montezuma, IA 50171  
641-623-5710  
psychiatric medications

ARC of East Central IA.  
680-2<sup>nd</sup> St. S.E. Suite 200  
Cedar Rapids, IA.  
HCBS-SCL, Respite

ARC of Johnson County  
1700 1<sup>st</sup> Ave. S. Suite 16  
Iowa City, IA. 52240  
HCBS-SCL, Respite

Associates for Behavioral Healthcare  
800 1<sup>st</sup> St. NW  
Cedar Rapids, IA 52405  
319-  
inpatient svc/committed

Blackhawk Grundy Mental Health Center  
3251 West 9<sup>th</sup> St.  
Waterloo, IA. 50702  
outpatient psych svc.

Broadlawns Medical Center  
1801 Hickman Rd.  
Des Moines, IA 50314  
Ph: 800-373-2806  
Inpatient Hospitalization

Capstone Center  
306 N. 3<sup>rd</sup> Ave. E  
Newton, IA 50208  
641-  
outpatient psych svc,  
ARO-SCL

Career Development Center  
123 6<sup>th</sup> Ave. W.  
Grinnell, IA. 50112  
641-236-5039  
day program svcs.

Cedar Centre Psychiatric Group  
Box 1408  
Cedar Rapids, IA 52406  
319-365-3993  
inpt svc – committed

Cedar Valley Medical Monitoring  
Box 98  
Allison, IA 50602  
877-652-6329  
durable medical equip

Center Associates  
outpatient psych svc

9 4<sup>th</sup> Ave.  
Marshalltown, IA 50158  
641-752-9665

Center Village  
RR 2, Box 149  
Keosauqua, IA 5256  
Ph: 319-293-3107

RCF

Central Iowa Residential Services, Inc.  
P.O. Box 1356  
Marshalltown, IA 50158  
Ph: 641-752-5762

HCBS/MR  
SCL, respite

Christian Opportunity Center  
110 B Ave. East  
Oskaloosa, IA 52577  
Ph: 641-673-9480

HCBS/Sheltered Work  
HCBS/supported Emp.

Christian Opportunity Center  
P.O. Box 347, 1553 Broadway  
Pella, IA  
Ph: 641-628-1162

ICF/MR-HCBS  
HCBS/MR  
HCBS-sheltered wk,  
Supported Employment

Clarinda Mental Health Institute  
Box 388 1800 North 16th Street  
Clarinda, IA 51632  
Ph: 712-542-2161

Inpatient

CliniCare Corp.  
10201 West Lincoln Ave. Suite 306  
West Allis, WI. 53227

RCF

Community Care Glenwood  
114 East Green St.  
Glenwood, IA. 51534

ICF/MR

Country Living Care  
2840 K Ave.  
Toledo, IA. 52342

RCF

Creative Community Options  
6950 NE 14<sup>th</sup> St. Suite 36  
Ankeny, IA 50021

HCBS/scl, respite

Crossroads  
1424 Houser St.  
Muscatine, IA. 52761

sheltered work

Diamond Life Health Care  
4832 Barnes City Rd.  
Montezuma, IA 50171  
Ph: 641-623-5715  
East Central IA. Acute Care  
P.O. Box 359

HCBS/ARO, RCF

Outpatient Psych

Des Moines, IA. 50302

Easter Seals Society of Iowa  
Box 4002  
Des Moines, IA 50333  
515-

HCBS, Work Act./  
Day Hab

Eyerly Ball MH Services  
1301 Center St.  
Des Moines, IA 50309  
515-

outpatient psych svc

Exceptional Persons, Inc.  
760 Ansborough Ave.  
P.O. Box 4090  
Waterloo, IA 50704  
Ph: 319-232-0453

RCF/MR  
Day Programming

First Resources  
109 C East Marion St.  
Sigourney, IA 52591  
Ph: 641-622-2543

HCBS/MR  
Sheltered Workshop

Goodwill Industries NE  
2640 Falls Ave.  
Waterloo, IA 50701  
Ph: 319-234-4626

Sheltered Work  
SE

Goodwill Industries SE  
1410 First Ave. Box 1696  
Iowa City, IA 52244  
319-337-4158

Sheltered Work  
SE

Goodwill Industries SE  
1441 Blairs Ferry Rd. NE.  
Cedar Rapids, IA. 52402  
319-393-3434

HCBS sheltered work

Goodwill Industries of Central Iowa  
100 Lafrentz Lane  
Marshalltown, IA.50158

HCBS Supported  
Employment

Grinnell Regional Home Care  
210 4<sup>th</sup> Ave  
Grinnell, IA 50112  
641-236-7511

adult day care, nursing

Hillcrest Family Services  
Box 1160  
Dubuque, IA 52004-1160  
712-

rcf-ARO

Hillside Estates  
2227 225<sup>th</sup> St.  
Williamsburg, IA 52361  
319-668-1659

RCF-HCBS/ARO

HopeHaven Area Development Center  
3711 Lenox Ave.  
Burlington, IA. 52601

HCBS/RCF

Independence Mental Health Institute  
P.O. Box 111  
Independence, IA 50644  
Ph: 319-334-2583

Inpatient Services

Iowa Valley Community College District  
Career Development Center  
123 6<sup>th</sup> Ave  
Grinnell, IA 50112  
641-236-0513

work activity

Job Opportunities  
P.O. Box 70  
Keosauqua, IA. 52565

HCBS/sup.employment

Luthern Services in Iowa  
3116 University Avenue  
Des Moines, IA. 50311  
515-271-7406

HCBS/ARO/CMH- Respite,  
SCL,

Mary Greely Medical Center  
P.O. Box 863 1111 Duff Ave.  
Ames, IA. 50010

Outpatient psych.

Medicap Pharmacy  
320 6<sup>th</sup> Ave  
Grinnell, IA 50112  
641-236-3663

psychiatric medication

Medicap Pharmacy #019  
108 2<sup>nd</sup> Ave. West  
Toledo, IA. 52342

psychiatric medication,  
outpatient

Mental Health Clinic of Tama  
1309 S. Broadway  
Toledo, IA 52342  
641-484-52342

outpatient psych svc

Mid Iowa Workshop  
Box 966  
Marshalltown, IA 50158  
641-752-3697

wkshp, sheltered work

Midwest Ambulance Services  
2535 106<sup>th</sup> St.  
Des Moines, IA 50322-3766

trans – court committed

Midwest Opportunities 704 Davis St. Corning, IA. 50841	ICF/MR
North Iowa Transition Center Box 1503 Mason City, IA 50401 Ph: 641-424-8180	SCL
North Iowa Vocational Center Box 428 Mason City, 50402 641-423-3301	vocational svc
Northstar Community Services 3420 University Ave. Waterloo, IA 50701 319-236-0901	scl
Paratransit Box 509 Des Moines, IA 50302-0509	transportation/HCBS
Poweshiek County Mental Health Center 200 - 4th Ave. West Grinnell, IA 50112 Ph: 641-236-6137	Outpatient Therapy Psychiatric, Emergency clubhouse, CSS Educ & Consultation
Poweshiek County Sheriff's Dept. 201 S. 3rd Street Montezuma, IA 50171 Ph: 515-623-5679	Transportation
Progress Industries P.O. Box 1449 Newton, IA 50208 Ph: 641-792-6119	HCBS/MR ICF/MR
Region Six Planning Commission (Peoplerides) 24 ½ North Center Marshalltown, IA 50158 Ph: 641-752-0717	Transportation/HCBS
REM of Iowa, Inc. Unit A 2750 Heartland Dr. Coralville, IA 52241 Ph: 319-354-0788	ICF/MR
ResCare, Inc. Orchard Hill 301 West Burlington Fairfield, IA. 52556	HCBS/SCL

Rural Employment Alternatives  
495 4<sup>th</sup> Ave.  
Conroy, IA 52220  
319-662-4043

sheltered work, work act.  
SE/HCBS

Southeast Iowa Bus  
200 Front St. Suite 400  
Burlington, IA. 52601

Trans.

St. Luke's Hospital  
1026 A Ave NE  
Cedar Rapids, IA 52402  
319-369-7392

inpatient hospitalization

Systems UnLimited  
1556 S. 1<sup>st</sup> Ave.  
Iowa City, IA. 52240

HCBS/ARO-SCL

University of Iowa Hospitals and Clinics  
Hawkins Dr.  
Iowa City, IA 52241  
319-335-3500

inpatient

Van Buren Job Opportunities  
Box 70  
Keosauqua, IA 52565

vocational svc

Vodac Transition Program  
612 S. Main  
Council Bluffs, IA. 51503

HCBS-SCL  
HCBS-Work activity

Walmart Pharmacy  
208 West St. S.  
Grinnell, IA 50112  
641-236-6333

psychiatric medication

Wapello County/Auditor Office  
101 W. 4<sup>th</sup> Street  
Ottumwa, IA 52501  
Ph: 515-683-4576

Mental Health Advocate

Woodward State Hospital School  
1251 334th St.  
Woodward, IA 50276  
Ph: 515-438-2600

ICF/MR

## ACCESS POINTS

The CPC administrator is responsible for intake, enrollment, service planning, service authorization and waiting list management. The Poweshiek County Mental Health Center is responsible for service planning for individuals accessing services provided by their agency. Mental Health Institutes are responsible for intake and service planning. Case Managers are responsible for intake, case management enrollment, and service planning.

All county providers listed in the County Provider Network will be given CPC business cards and brochures to provide to individuals inquiring about services and requesting county funding to pay for the service. The individual and/or family will be instructed to call the CPC office for an appointment. The Poweshiek County Central Point of Coordination staff will be available Monday through Friday, 8:00 A.M. to 4:00 P.M., at the Poweshiek County Community Service office in Grinnell, Iowa.

Access points have been trained. Any new access points will be trained.